

General Template- adapted from [“The Well-Trained Mind” by Susan Wise Bauer and Jessie Wise](#)

Daily

By noon

- ☐ Brush your teeth
- ☐ Get dressed
- ☐ Feed the pets breakfast
- ☐ Research a topic of your choice using this resource: <https://kids.britannica.com/>, then write 5 facts about what you learned. Have your parent check your sentences for grammar, spelling and punctuation.
- ☐ Write a Story about a kid like you who persevered through something hard. Have your parent check it for Plot, setting and characters
- ☐ Complete a [Fraction Cookie worksheet](#)
- ☐ [XtraMath](#) or play Multiplication Math war with your brother
- ☐ Read to self for 30 mins, then call an adult you know and tell her about what you read

By 1:30

- ☐ Make yourself lunch_____
- ☐ Jump on trampoline for 2 mins, then come in and lay still until your body calms down. Repeat 3 times
- ☐ Watch this video to learn about Easter:
<https://www.thegospelcoalition.org/blogs/trevin-wax/showing-kids-how-the-bible-points-to-jesus/>

By 5pm

- ☐ Listen to your [audio book](#) and clean your room
- ☐ Listen to classical music and sketch what you see. Or practice your instrument.
- ☐ Drink 8 glasses of water daily

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8

If your child isn't fluent with his/her math facts, [practice her multiples songs](#)