

Daily

By noon

- ☐ Brush your teeth
- ☐ Get dressed
- ☐ Feed the pets breakfast
- ☐ IXL
- ☐ Xtramath.com
- ☐ [Listen to the BBC episode](#) on the 1918 pandemic, then write a paragraph about what you learned. Use good capitalization, punctuation and spelling.
- ☐ Read to self for 30 mins
- ☐ [Spelling: Practice your spelling words however you'd like- be ready for a 'spelling quiz' on Friday](#)

By 1:30

- ☐ Make yourself lunch_____
- ☐ Run up the street and back, then come in and lay still until your body calms down. Repeat 3 times
- ☐ Put together this [Europe Map Puzzle](#) (click on Countries Easy, then drag and drop countries). Practice at least 3 times.

By 5pm

- ☐ Duolingo- show mom what you are doing/what you did
- ☐ Unload the dishwasher while you listen to your audiobook on audible.com
- ☐ Listen to Music while you do [Fork weaving](#)
- ☐ Spelling Mastery Check

By Dinnertime

- ☐ Drink 8 glasses of water daily

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8