

General Template- adapted from [“The Well-Trained Mind” by Susan Wise Bauer and Jessie Wise](#)

By noon

- ☐ Brush your teeth
- ☐ Get dressed
- ☐ Feed the pets breakfast
- ☐ [IXL](#): complete 3 sections; 1 language, 2 math
- ☐ Complete worksheet [on personification](#).
- ☐ [Spelling](#): Ask a family member to call out your words and you write them. Fix up any that you got incorrect. [Be ready for a 'spelling quiz' on Friday](#)
- ☐ Read a book and answer questions on [Raz-Kids](#) or simply read for 30 mins and call someone in your family to tell them about what you read.
- ☐ Practice your math facts on [XtraMath](#) or play Multiplication Math war with someone in your family

By 1:30

- ☐ Make yourself lunch_____
- ☐ Run around the house for 2 mins, then come in and lay still until your body calms down. Repeat 3 times

By 5pm

- ☐ [Make a paper-airplane](#), measure how far it can fly
- ☐ Complete one lesson of RosettaStone or Duolingo- show mom what you are doing/what you did
- ☐ Clean your room while you listen to your audiobook on audible.com
- ☐ Geography: complete the [Europe Country puzzle](#)
- ☐ Listen to music for 30 mins, while you [complete a coloring page of an animal from the NC Zoo](#)

By Dinnertime

- ☐ Drink 8 glasses of water daily

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8